

Agenda Item: 10.0

**Governing Body**  
**Meeting**  
*Held in public*

**REPORT**

<b>Subject</b>	Bedfordshire, Luton and Milton Keynes Sustainability and Transformation Plan (STP):
<b>Date</b>	7 September 2017
<b>Author</b>	Jane Meggitt, Director of Communications and Corporate Affairs
<b>Lead Director</b>	Jane Meggitt, Director of Communications and Corporate Affairs

**Executive Summary**

The progress of Bedfordshire, Luton and Milton Keynes (BLMK) Sustainability and Transformation Plan (STP) has been rated as outstanding by NHS England after a performance analysis of each of the 44 STP footprints across the country.

National regulators published the figures which looked at the starting point for each STP and their achievements so far through 17 performance indicators across nine priority areas, each falling into three core themes: hospital performance; patient-focused change and transformation.

Through these indicators, each STP's overall progress was rated and BLMK was one of only five areas to receive the top rating of 'outstanding'.

**Recommendation**

The Governing Body is asked to discuss the content of the report.

**Links to the business and risks**

**Relevant Strategic Priorities 2016/17 (please mark in bold)**

1. Systematically implementing prevention, early diagnosis and early intervention
2. Commissioning services that deliver evidence-based care, in the right place and at the right time, including promoting self-care and empowering patients to manage their own conditions.
- 3. Making sure that care is high quality, safe and sustainable, that it improves health outcomes and wellbeing and provides a good patient experience.**
- 4. Using the statutory framework with best practice governance and transparency principles to be fully accountable to our population in commissioning and operating as a part of the wider health system**

5. Ensure that the CCG commissions and operates in a financial manner consistent with the regulatory framework, long term sustainability and best use of public money.

6. We will work in close partnership with all the organisations who commission or provide care for our population, to integrate services where it makes sense and to achieve seamless transitions of care for patients where services remain separate.

**7. Embedding member, public, patient, carer, staff and other stakeholders' views through meaningful engagement into decision-making processes and commissioning intentions.**

<b>Links to Board Assurance Framework / Corporate Risk Register</b>	Not applicable for this report
<b>Details of additional risks associated with this paper (may include NHS England Assurance Framework / NHS Constitution)</b>	Not applicable for this report
<b>Financial Implications / impact</b>	None identified
<b>Legal Implications / impact</b>	None identified
<b>Partnership work / public engagement implications / impact</b>	To inform and help to shape the developing STP
<b>Committees / groups where this has been discussed before</b>	Not applicable
<b>Other options available and their pros and cons</b>	Not applicable
<b>Background papers</b>	None

## **Bedfordshire, Luton and Milton Keynes Sustainability and Transformation Plan.**

### **1. BLMK progress rated as 'outstanding'**

- 1.1 The progress of Bedfordshire, Luton and Milton Keynes (BLMK) Sustainability and Transformation Plan (STP) has been rated as outstanding by NHS England after a performance analysis of each of the 44 STP footprints across the country.
- 1.2 National regulators published the figures which looked at the starting point for each STP and their achievements so far through 17 performance indicators across nine priority areas, each falling into three core themes: hospital performance; patient-focused change and transformation.
- 1.3 Through these indicators, each STP's overall progress was rated and BLMK was one of only five areas to receive the top rating of 'outstanding'. NHS England will collate and publish the performance data annually.

### **2. The emerging Accountable Care System**

- 2.1 In June, it was announced that Bedfordshire, Luton and Milton Keynes will be one of eight STPs that are fast tracked towards an Accountable Care System (ACS).
- 2.2 A design programme has been developed to map out what the ACS will look like. The Joint Commissioning Executive, a committee which includes Chief Executives and Chairs of the three Clinical Commissioning Groups in the STP, has agreed to test how current commissioning functions will work within the ACS.
- 2.3 Staff from all three Clinical Commissioning Groups will be invited to participate in workshops in September and October to give their views on how the ACS will work and other partners with an interest in commissioning will be asked to input in the autumn.
- 2.4 A full report will be provided to the Joint Commissioning Executive in December.

### **3. Bedford Hospital awarded investment**

- 3.1 Bedford Hospital has been awarded £1.5 million pounds of investment from NHS England to improve GP access for local people and support urgent care at their A&E.
- 3.2 The funding was announced recently as part of £325 million of investment NHS England is making in local projects through Sustainability and Transformation Plans across the country.
- 3.3 Bedfordshire, Luton and Milton Keynes was selected as one of the STP areas to receive monies for local transformation projects, with national regulators recognising the plans to develop a primary care hub at Bedford Hospital as one of the 'strongest and most advanced schemes' put forward as part of plans to modernise and transform care for local people.
- 3.4 The primary care hub will see a GP Practice for 10 doctors developed in Bedford Hospital's Cauldwell Ward which could offer same-day appointments to unregistered patients over longer opening hours for seven days a week. As well as offering greater access to GPs for patients, the service will also offer Urgent Care for patients that need timely but not emergency treatment.
- 3.5 The hub will mean that patients can be directed to the most appropriate service at the hospital and reduce the numbers of those that attend A&E when perhaps they could receive quicker, more effective care elsewhere.
- 3.6 Planning for the development of the primary care hub is already underway and it is anticipated that the work and training required will be completed next year.

### **4. Luton Council and Luton CCG join forces**

- 4.1 Luton Council and Luton Clinical Commissioning Group (LCCG) are joining forces to enable Luton people to live healthier lives. Cllr Hazel Simmons, Leader of the Council and Nina Pearson, Chair of LCCG, signed a concordat at the Council's Luton Investment Framework event at the end of June to demonstrate each organisation's commitment to improve the health of Luton's residents.
- 4.2 The proposed integrated commissioning detailed in the concordat will bring CCG health commissioners and the Council's adult social care, children's services and public health commissioning together creating a single function

during 2018/19. The driving principles of this service will include preventing poor health, promoting self-care, and supportive care to people and carers to optimise health and wellbeing as well as promote recovery and rehabilitation.

- 4.3 A strategic commissioning framework will be developed to take forward the proposals which will involve establishing an Integrated Commissioning Committee (ICC) which will develop and monitor strategies and plans, allocate resources, undertake market intelligence and ensure compliance with regulatory bodies.
- 4.4 The Health and Wellbeing Board will have strategic overview of the ICC but the committee will be accountable to both the Council's Executive and the CCG's Board.
- 4.5 Residents of Luton will be informed of the progress of the single commissioning function and where it is required, formal consultation will be conducted

## ***Health and Wellbeing***

### **5. BLMK gets people moving**

- 5.1 BLMK partner organisations are encouraging people of all ages to get moving this summer, with a host of activities and a free app from Public Health England.
- 5.2 The campaign is part of a coordinated approach to improving the health and wellbeing of local people across Bedfordshire, Milton Keynes and Luton as part of the Sustainability Transformation Plan (STP).
- 5.3 One initiative for families with children is the 10 Minute Shake Ups programme, which offers a host of Disney-themed activities online that encourages children to exercise 10 minutes at a time. The activities include both indoor and outdoor exercise and are designed to encourage children to get the required hour of exercise a day as helping them to build social skills, boost self-confidence and mental wellbeing, and improve bone and heart health.
- 5.4 Children need 60 minutes of exercise a day, so each 10 minute burst of activity will help them reach the daily goal. As well as burning energy, being active helps children to build social skills, boost self-confidence and mental wellbeing, and improve bone and heart health.

- 5.5 For the adults, Public Health England has launched an app designed to help busy adults fit 10 to 30 minutes of exercise into their day. The free Active 10 app tracks how many minutes a day you walk at a brisk pace all you need is 10 minutes to get started. Brisk walking is simply walking faster than usual, at a pace that gets your heart pumping.
- 5.6 The free app is available for both android and iPhone – search for ‘Active 10’ in your app store or alternatively you can find out more about the programme by searching for ‘Active 10’ online.

## Communications

### 6. Getting our Communications and Engagement Right

- 6.1 Nationally, STPs have been the focus of much media and public scrutiny and we’ve also had a lot of interest at a local level.
- 6.2 This is a good thing and reflects how much local people and their representatives cherish the health and care services that are available to them.
- 6.3 And, given the complexity of the health and care system that we are working in, it can be difficult to achieve clear and accessible communication with everyone who has an interest in the plans.
- 6.4 That is why we are currently refreshing our approach to communications. Earlier this month, Comms leads from each of the partner organisations gathered for a workshop during which they considered the strengths and weaknesses of what we have done so far and brainstormed a variety of ways in which we could be more effective in future.
- 6.5 There was a lot of discussion about channels and tactics with a strong sense that we need to move away from talking about our programme priorities and workstreams and move towards story telling about the changes we are wanting to achieve for local people.
- 6.6 This reflection is timely, given that our Chief Executives are currently undertaking a wider stock take of the BLMK STP and the priority outcomes we are seeking to achieve.
- 6.7 There was also a recognition that whilst we do have a wide diversity of audiences, in our communities and in our organisations, there would be real value in having a clearer and more consistent narrative about why change is important and what our plans are.

6.8 Between now and September, the Comms and Engagement Network will be building on their ideas for change and plan to present a revised comms plan to the Chief Executives' Group before launching a new approach in the early autumn. Supporting this work will be representatives from the Public Voice Partnership, which includes local Healthwatch, to ensure that the new approach and plans will have considered public feedback and be presented in a simple, easy to understand way that will help the many different audiences across BLMK to understand more about this important work to improve health and care for local populations.

**7. The Governing Body are asked to consider the points raised in this paper and note the progress made to date.**

Jane Meggitt  
Director of Communications and Corporate Affairs