

Question:

“I am a Central Bedfordshire Councillor for Dunstable North and I have been contacted by residents with regards to the lack of Phase 4 Cardiac Rehab available within the Dunstable and Houghton Regis area. I have been informed that other areas do have funding for this service, and I would like to know what is being done to address this postcode lottery for my residents who must travel great distances to access this service. Will you commit to funding this service for the residents of Dunstable and Houghton Regis?”

From Cllr Matthew Brennan, Central Bedfordshire Council, Dunstable North Ward

Answer (responded at 19.7.24 Board in Public):

Response from Nicky Poulain, Chief Primary Care Officer

“I would like to thank Councillor Brennan for his question regarding Phase 4 Cardiac Rehabilitation and I have spoken to him about the issues faced by residents in Luton, Dunstable and Houghton Regis.

Cardiac rehabilitation phase 4 is the maintenance phase of cardiac rehabilitation which happens following a cardiac event, like a heart attack. It is designed to help individuals who have completed Phases 1-3 of NHS guided cardiac rehabilitation to maintain their progress and continue to live a heart-healthy lifestyle. After completing phase 3 classes, patients can be referred onto structured community-based classes, referred to as phase 4 classes.

The Central Bedfordshire Place team is working closely with Public Health and Central Bedfordshire Council colleagues to examine the current provision and whether the services can be provided nearer to Dunstable and Houghton Regis. Cardiac rehabilitation is an integral part of the prevention agenda which we are all committed to, in order to ensure residents live in better health.

I will work with Central Bedfordshire colleagues and with Councillor Brennan, who has confirmed that he is happy with this.”