



**Bedfordshire, Luton
and Milton Keynes**
Integrated Care Board

August 2025

BLMK ICB Performance and Portfolio Impact Reports

Serious Mental Illness Health Checks



Bedfordshire, Luton
and Milton Keynes
Integrated Care Board

Project Leads: MHLDA Team, Community Providers: ELFT / CNWL, Outreach providers and Primary Care

Introduction / Background

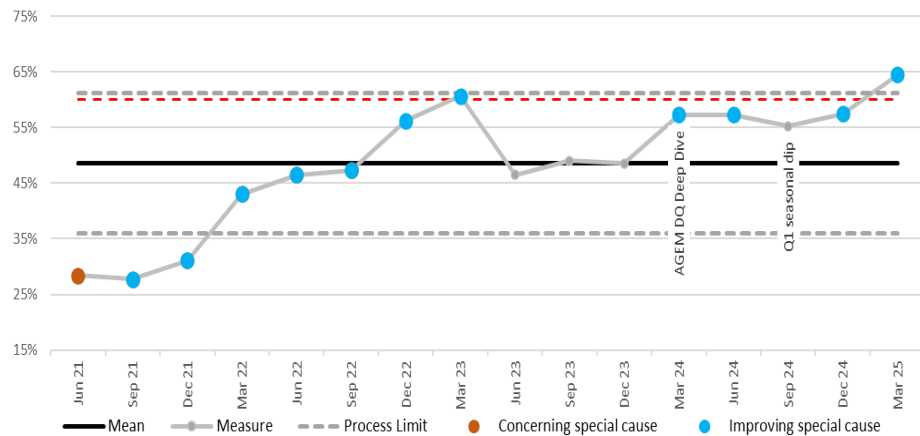
1. Addressing Health Inequalities: People with SMI face reduced life expectancy between 15-20 yrs due to preventable physical health issues. The NHS's Five Year Forward View and LT plan for MH aims to reduce this disparity through integrated, preventative care.

AIM / Objectives

- To improve SMI health check uptake and performance – Ensuring annual health checks for 60% of those living with SMI
- To improve uptake of *all 6* health checks and better address health risks
- Catch issues early and improve health outcomes / mortality of those with SMI
- Ensure follow-up delivery or referral to NICE recommended interventions and personalised care planning.

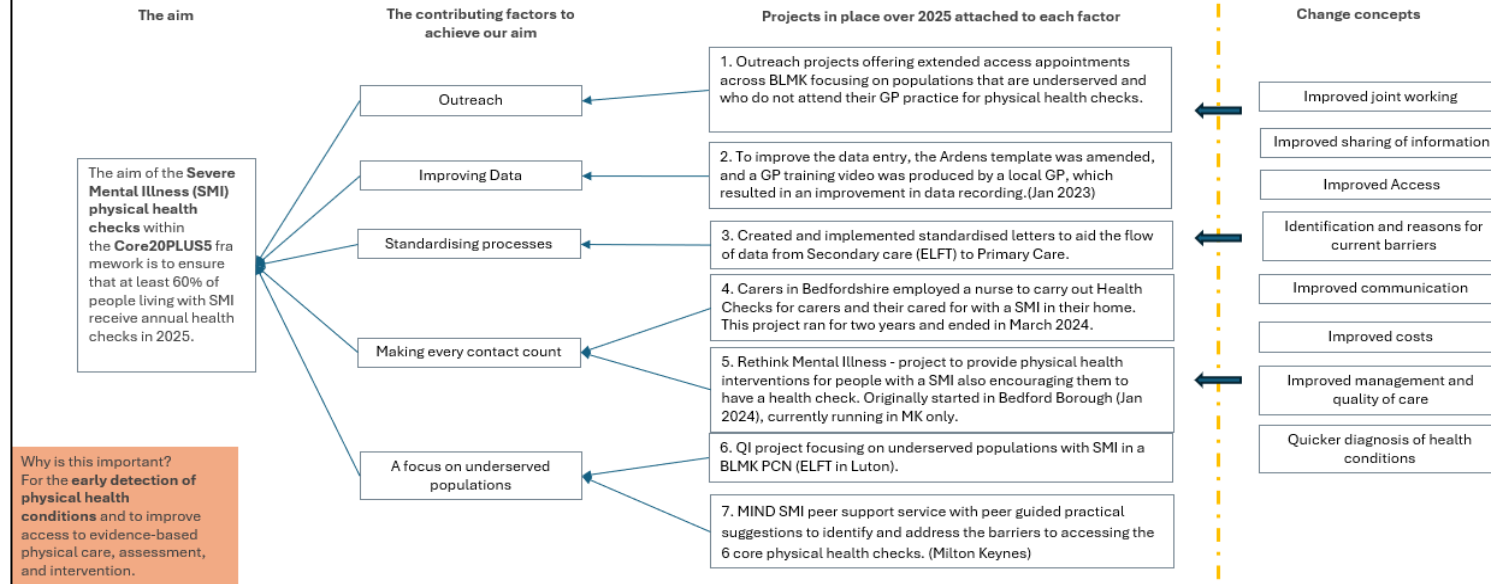
Data / Performance

Percentage of people with SMI to receive the complete list of physical health checks in the preceding 12 months - BLMK

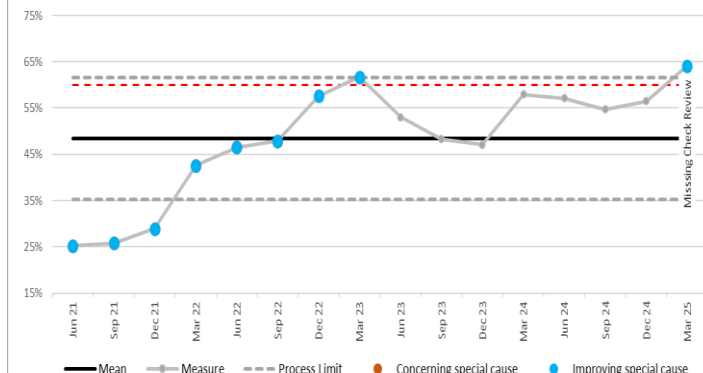


Results

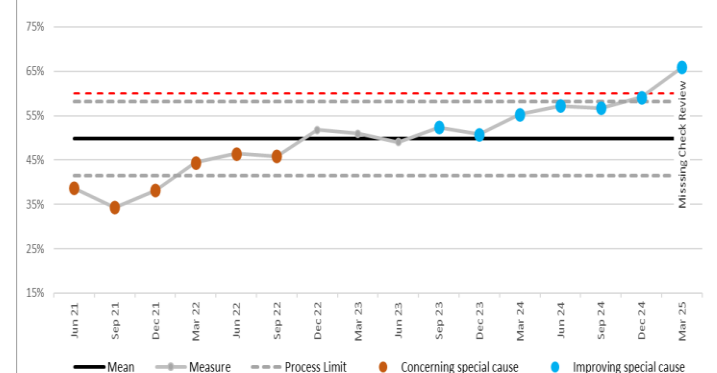
SMI theory of change explained through a driver diagram



Percentage of people with SMI to receive the complete list of physical health checks in the preceding 12 months - Bedfordshire



Percentage of people with SMI to receive the complete list of physical health checks in the preceding 12 months - Milton Keynes



Children & Young People CAMHS Access



Bedfordshire, Luton
and Milton Keynes
Integrated Care Board

Project Leads: CYP and MH Team, Community Providers: ELFT / CNWL and Outreach providers / VCSE Providers

Introduction / Background

1. Improving access to CAMHS services is one of the 4 key national priorities in the NHS 2025/2026 Operating Plan and is also a key priority for the ICB system.
2. The CAMHS target ambition for 25/26 is that at least 17,614 will have at least 1 contact from NHS funded MH services in a year across BLMK. The BLMK operating plan reduces the target to 15,982 contacts. M1 performance indicates was 13,500 contacts, (23.4% below the LTP ambition target and 16.9% short of the operating plan).
3. Data note: The system saw a dramatic reduction in performance between April 22 and March 23 when our community services in Beds and Luton ceased submitting data for neurodevelopmental assessments.

AIM / Objectives

1. To improve CAMHS Access and performance – ensuring we meet the reduced target of 15,982 over 25/26.
2. To improve uptake, referrals, productivity and efficiency including unwarranted variation across our footprint.
3. To explore digital solutions and develop a standardised approach and develop a sustainable workforce.
4. **ICB Target set** - ELFT 10,343 contacts (including MHSTS) / CNWL 4,452 contacts (including MHSTS) / VCSE organisations 1,187 contacts / Total 15,982 contacts.

Work Program

CNWL

- **Maximise Productivity** – Clinicians to take minimum no. of calls / increased emphasis on clinician assessments and targets / Promote self-referrals
- **Digital Streamlining** – Utilise Systmone capability for assessment letters, invites and GP comms / streamlining pathways using AI
- **Data Quality** – DQ checks and pro-active DNA work

VCSE

- **CHUMS** – to provide emotional support with an annual target of 650 contacts
- **TOKKO** – to provide counselling in Luton with an annual total of 200 - VCSE total – 850 contacts.
- **Extend VCSE Capacity** – expansion planned with provider for a further 400-600 contacts. Improving total VCSE capacity to 1250-1450 contacts a year.

ELFT

- **Maximise Capacity** – Development of CAMHS access pathway (CAS) and modernise the SPOE. This will support Outreach team referrals, improve direct access, streamline clinical offer and reduce duplication.
- **CAS AIMS** – Workforce flexibility and improved capacity / reduce unwarranted variation / improve triage
- **iThrive Model** - Utilisation of national framework of support, which in turn will support demand, risk and resource management.

Data / Performance

RISK

- **CNWL** have committed to 4,452 contacts
- **ELFT** have committed to 9,480 (863 short of ICB set target (10,343))
- **VCSE** with expansion will provide between 1,250 - 1,450
- **TOTAL** between 15,189-15,389 (**793-593 short of 15,982 target**)

Number of CYP supported through NHS funded mental health with at least one contact - 12 month rolling - BLMK

