

Policy title	Infrared A induced whole body hyperthermia treatment V2.1
Policy position	Intervention Not Normally Funded
Date of Forum recommendation	October 2021

Infrared A whole body hyperthermia treatment is offered in some United Kingdom based private facilities. The assertion is that by using the hyperthermia infrared-A bed, the core temperature of the body can be raised and this could aid in the management of a wide variety of conditions for example from chronic back pain to migraine.

The intervention is experimental and there is no robust evidence base for the treatment.

Infrared A induced whole body hyperthermia is **not normally funded** for any indication, due to a lack of evidence of clinical effectiveness.

NOTE:

- Where a patient does not meet the policy criteria or the intervention is not normally funded by the NHS, an application for clinical exceptionality can be considered via the ICB's Individual Funding Request (IFR) Policy and Process.
- This policy will be reviewed in the light of new evidence or new national guidance, eg, from NICE.

Clinical coding: No coding available.

Policy update record	
5th October 2021	1. Literature searched for new evidence; no changes recommended

Key words: hyperthermia, infrared A, whole body hyperthermia