

Policy title	Inpatient Pain Management Programmes v1.1
Policy position	Intervention Not Normally Funded
Date of CCG recommendation	February 2021

Pain management programmes (PMPs) are multidisciplinary integrated programmes, designed to help people better manage their chronic pain and everyday activities. They do not aim to cure pain. PMPs vary in type and content, and can be offered as either inpatient residential programmes or in outpatient or community settings, or online. They tend to be an escalation from attendance at a pain clinic and aim to improve a person's quality of life. Evidence for clinical and cost effectiveness of PMPs has recently been systematically reviewed by NICE.

Outpatient PMPs may be considered as part of specific specialty-based care for pain management, for example for neurological or musculoskeletal pain.

This policy only applies to residential **inpatient** PMPs. Inpatient PMPs are **not normally funded** due to a lack of evidence of clinical and cost effectiveness.

Reference:

NICE Evidence review for pain management programmes, August 2020

NOTE:

- This policy will be reviewed in the light of new evidence or new national guidance e.g. from NICE
- Where a patient does not meet the policy criteria or the intervention is not normally funded by the NHS, an application for clinical exceptionality can be considered via the ICB's Individual Funding Request (IFR) Policy and Process

Clinical coding: No coding available.

Key words: inpatient pain management programme, chronic pain, pain management, PMP, residential programme